

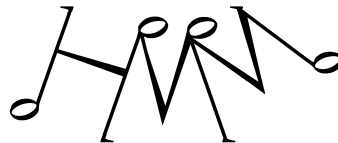
# Too Long Singing Injures The Lungs

*~ for vocal solo, SATB chorus & optional piano ~*

Music by Christopher J. Hoh

Text By William Walker

From Preface to "The Southern Harmony"



**HohMade Music**  
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## Too Long Singing Injures The Lungs

Too long singing at a time injures the lungs.  
A cold or cough, all kinds of spirituous liquors,  
    violent exercise, too much bile on the stomach,  
    veins overcharged with impure blood, &c. &c.  
Are destructive to the voice...

[Exercise or spirits vile, cold or cough and too much bile,  
Veins o'ercharged with blood impure, fasting long, all these for sure,  
Are destructive to the voice. So take care of the voice!]

*William Walker, 1809 - 1875*

*From "General Observations" in "The Gamut, or Rudiments of Music"  
"The Southern Harmony and Musical Companion," Sixth Edition, 1854  
(Text in brackets added by C.J. Hoh)*

Program Note: William Walker did so much for music and religion in 19th Century America with his publication and revision of "The Southern Harmony." While fond and respectful of the great man's advice for singing, this work plays up his quaint and quirky observations. It is meant to be fun, even theatrical, as well as "for the edification of one another."

Performance Note: This work is also meant to be adaptable. Every piece can be performed a cappella, although the piano part adds a lot. The ones most suited to unaccompanied performance are Nos. 2, 9, 4 & 8. Although the solos in Nos. 1 & 11 were written with a mezzo in mind, and in Nos. 4 & 9 with a tenor, their range is not wide. Most any voice can sing them, in either octave. No. 10 ideally starts with one smaller group of treble voices singing the vocal line for eight bars followed by another group for eight bars. Again, however, the conductor may opt for solos, sections or whatever suits the forces at hand. The composer's intention here was not only variety of sound but also the chance for every singer to get a short rest before the closing choruses. Finally, the separate pieces may be presented individually or in subsets of the whole work; but of course the best effect comes from performing all eleven in order.

# 9. Too Long Singing Injures The Lungs

William Walker

Christopher J. Hoh

*Solo*

Slow and dramatic (♩ = c. 80) *f*

Too long sing-ing at a time in-jures the

*Optional Piano*

*mf*

5 lungs. Too long sing-ing at a time in-jures the

9 lungs, too long ——— sing - ing (COUGH,

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13

COUGH). A cold or cough, all kinds of spir-i-tous liq-uors,

17

vi-o-lent ex-er-cise, too much bile on the stom-ach,

20

long fast-ing, the

23

veins o-ver-charged with im-pure blood, et-cet-er-a et-cet-er-a et-

26 *accelerando to meas. 34*

Solo *8* - cet-er - a et-cet-er-a. Ex-er-cise or spir-its vile, cold or cough and too much bile,

*accelerando to meas. 34* *p*

S ... et-

A *p* ... et - cet-er - a et-cet-er - a et-

T *p* ... et-

B *p* ... et - ceter-a et-cet-er - a et - cet-er - a et-cet-er - a,

Pno. *26* *accelerando to meas. 34*

29 Veins o'er-charged with blood im-pure, fast-ing long, all these for sure,

- cet-er - a et-cet-er - a et - cet-er - a et - cet-er-a, et-

- cet-er - a et-cet-er-a, et - cet-er - a et-cet-er - a et-

- cet-er - a et-cet-er - a et - cet-er - a et - cet-er-a,

et - cet-er - a et-cet-er - a et-

29

32

are de - struc - tive to the voice. So

- cet - er - a et - cet - er - a et - cet - er - a et - cet - er - a are de -

- cet - er - a et - cet - er - a are de - struc - tive to the

et - cet - er - a et - cet - er - a are de -

- cet - er - a et - cet - er - a are de - struc - tive to the

*mp* *cresc. to end* *mp* *mp* *cresc. to end*

32

(♩ = c. 160)

35

take care of the voice!

- struc - tive. Take care of the voice!

voice. Take care of the voice!

- struc - tive. Take care of the voice!

voice. Take care of the voice!

35

*cresc. to end* *cresc. to end*